



GREEN ST. LOUIS MACHINE

Green St. Louis Machine GAZETTE

Sustainability
theme of the month:

Sustainability
During the Holidays

December 2024
Edition



Giving Tuesday WAS AWESOME!

Dec. 3rd was our FIRST Giving Tuesday event, held at Winnie's Wine Bar, adjacent to our Urban Agricultural Learning Center Greenhouse and, including the event and online donations, we raised over \$1,500!

We still have a LOT of need!

We are hoping to raise

\$25,000 in 2025!

Thanks for giving to us!

Donate to Green STL Machine!

Or visit our website at:

[Green St. Louis Machine Website](#)



Giving Tuesday First Alert 4! We were featured!

[See the video clip of Green St. Louis Machine's North Side Community Elementary School Kids by clicking the link below!](#)



Watch Us on Channel 4!



Why do we do The Green St. Louis Machine?



Food apartheid generates high rates of food insecurity, childhood obesity, diabetes, and heart disease in St. Louis.

Thousands of children in St. Louis live in areas where there are no grocery stores nearby, and so their parents often "grocery shop" at gas stations. Eating processed food has become their lifestyle.

Many of these children have never eaten (nor know the names) of fruits & vegetables.

The lack of good nutrition impacts their school performance and mental attitude as well as leads to diabetes and heart disease later in life.

So by supporting us... YOU can make a difference in their lives today which leads to healthy adult lives later in life.

We show students how to grow, harvest, prepare and eat healthy foods, thereby empowering our communities to have power and ownership over their own food!

Please join us in our mission by making a donation or volunteering!



Video Clip!

You can learn more about our mission by clicking here to watch our video:

[Green St. Louis Machine Promo Video](#)

and feel free to pass this video on to your friends and family. Thank you for your support!

Download our Mission Statement Flyer!

[Click here to download](#)



Save the Date for the 2025 **GREEN GALA!**

Date: April 3, 2025

Time: 4:30 - 6:30 PM

Location: Mathews-Dickey Club, part of Boys & Girls Clubs of Greater St. Louis.

This year, our keynote speaker will be globally renowned science educator, Stephen Ritz, founder of The Green Bronx Machine and our inspirer! So come, get involved, donate, or support.....!





See one of our past [Green Gala Videos](#)

You can support The Green St. Louis Machine in schools here!

[Donate to The Green STL Machine!](#)

Speaking of
HOLIDAY
SUSTAINABILITY,
our kids are gardening,
growing food, and
bringing FRESH
PRODUCE home to
their families!



SUSTAINABILITY SPOTLIGHT

Sustainability Over the Holidays

Oh the weather outside is frightful... but sustainability is delightful!
Local produce, healthy and fresh, let it grow, let it grow, let it grow! (Cant you just hear it?)

While the winter cold rages on outside our homes and schools- Green St. Louis machine is still growing healthy, sustainable food thanks to our tower gardens! The joy of the holidays is augmented by the herbs and greens our kids are bringing home to their families. It's easy to get caught up in excess and consumerism as the days get shorter and the commercials get louder. But don't you fear- we have some tips to help you make this holiday season joyful, healthy AND sustainable!

Try replacing wrapping paper with re-usable or recycled alternatives like festive fabric bags or cleverly styled newspaper.

Try making your own holiday ornaments out of dried oranges or cinnamon sticks- not only will your home smell AMAZING- your decor will be biodegradable and nontoxic!

Try gifting your loved ones tickets for experiences, goods produced by local artists or things you handmade to reduce waste and overconsumption.

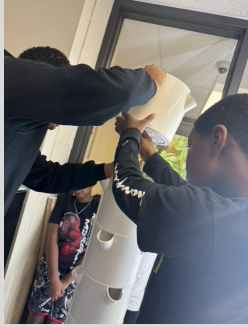
Try making recipes with locally grown, seasonal produce and planning meals to efficiently use all the leftovers.

Happy holidays to you and yours!

For more ideas, check these sites out:
<https://sustainability.wustl.edu/happy-sustainable-holidays-3/>

<https://www.timespub.com/2024/11/how-to-continue-to-practice-sustainability-over-the-thanksgiving-christmas-hanukkah-and-kwanzaa-holidays/>

[Link to Kwanza Festival](#)



GREENHouse Update - Tower Farm in our Urban Agricultural Learning Center Greenhouse Here are some pictures of our new sign and some valued volunteers! We invite you to volunteer a few hours a week or even one time to check out our Tower Farm!



Stella and Sherry show off the new sign at GSM's Urban Agricultural Learning Center!



John Grote has been a faithful, regular volunteer! Here he is cleaning some Tower Gardens that were loaded with basil, recently harvested.



Robin Wright volunteers to plant, clean towers and deliver greens to restaurants! Here she is, about to deliver arugula, parsley, mustard greens and Swiss chard!



AMERICORPS VISTA!

APPLY BY DECEMBER 19th TO START IN JAUARY!!

We want to let you know ASAP that Green St. Louis Machine has just been granted 3 AmeriCorps VISTA positions! We are super happy about this! There is now urgency to fill them to they can start in January! Could you suggest contacts/people we could forward this to such as colleagues in the organizations, schools and universities you work with?

M:STL- Green STL Machine Community Builder
(<https://my.americorps.gov/mp/listing/viewListing.do?fromSearch=true&id=125117>)

M:STL- Green STL Machine Farmer in Chief
([https://my.americorps.gov/mp/listing/viewListing.do?
fromSearch=true&id=125115](https://my.americorps.gov/mp/listing/viewListing.do?fromSearch=true&id=125115))

M:STL- Green STL Machine Outreach, Capacity & Market
([https://my.americorps.gov/mp/listing/viewListing.do?
fromSearch=true&id=125116](https://my.americorps.gov/mp/listing/viewListing.do?fromSearch=true&id=125116))

There is availability for the VISTA to start in January! They need the application filled out, with 2 references, by December 19th and can contact us for questions!

Based on each open position, people with certain experience or education may be attracted to one vs. the other of the positions. Based on each open position, people with certain experience or education may be attracted to one vs. the other of the positions. These positions could be good for high school graduates or college students taking a gap year to explore career path opportunities or to gain resume-building experiences and knowledge to prepare them for applying for good jobs.....or even early retirees or people in-between jobs or careers! Full health coverage and child care is certainly appealing, as is a monthly stipend of over \$1,800!

So please help us with these great opportunities and call/text with any questions

Sherry Amen 314-757-6607, Sherry@GreenSTLMachine.org

Stella Erondy 314-590-3247, Stella@GreenSTLMachine.org



HEALTHY RECIPE for the HOLIDAYS

Chef Rona Leah shares her delicious collard greens dish which was a big hit at the Sci-
FEAST!

Click here to download the recipe:
[Chef Rona Easy Greens Recipe](#)

Follow her on Facebook to learn more
[Chef Rona Leah Facebook](#)



Green St. Louis Machine is dedicated to fostering sustainable empowerment around healthy food in underserved communities in St. Louis. We achieve this through our youth-centered initiative, which focuses on food justice, STEAM education, and urban



During the 2023-24 school year, we were able to serve over 450 teachers, students, and young people across nine inner city schools, two *Boys and Girls Clubs* and *R.I.S.E. Youth Center* in Spanish Lake, St. Louis County. It is worth noting that all these locations are situated

agriculture. Our primary approach involves providing and supporting year-round, cutting-edge aeroponic gardening programs, within schools and youth organizations, with the goal of promoting sustainable empowerment around healthy food.

within food deserts - food apartheid areas lacking consistent access to fresh and nutritious food options. Thank you for joining us in our mission!



Thank YOU for partnering with us!

Wish to donate? Click here:
[**Donate to The Green St. Louis Machine!**](#)

Here's what your donation can do if you click on DONATE ANY AMOUNT ABOVE:

Donate T-SHIRTS for all 500 GSM students \$5,000 (Can have your company logo too!)

\$200 or more: Attend the Green Gala to be part of it as a VIP and meet Stephen Ritz himself who will be our keynote speaker!!

Donate 500 APRONS for all Green St Louis Machine students – \$6,500 (Can have your company logo too!)

Donate award certificates for all 500 students in the GSM

Support the GSM portion of salary for a GSM Americorps Vista (Like the Peace Corps only working on American soil) for a year \$5,000

Support a GSM summer camp including field trips to GSM's Urban Agricultural Learning Center Greenhouse for 8 summer weeks of 2025 \$7,000

Have questions?

Sherry Amen at 314-757-6607

Email: [**Sherry@GreenSTLMachine.org**](mailto:Sherry@GreenSTLMachine.org)

Stella Erondu at 314-590-3247

Email: [**Stella@GreenSTLMachine.org**](mailto:Stella@GreenSTLMachine.org)

Visit our Facebook Page:
[**Green St. Louis Machine Facebook**](#)

And our Instagram Page:

[**Green St. Louis Machine Instagram**](#)

And our exciting YouTube Channel:
[**Green St. Louis Machine YouTube**](#)



Green St. Louis Machine | 2101 Chouteau Ave | St. Louis, MO 63103 US

[Unsubscribe](#) | [Update Profile](#) | [Constant Contact Data Notice](#)



Try email marketing for free today!